



Describe the situation. What happened? (Prov 18:13, 15, 17)

What were you thinking/feeling? (Psalm 139:23-24, Eph 4:22-24)

How are the outcomes/consequences? (Gal 6:7-8)

What is your take on what's going on? (Matt 6:19-21)

What captivated your eyes/imagination? (Matt 6:22-23)

What did you want/treasure? (Matt 6:19-21)

What is God trying to teach you? (1 Pet 1:6-7)

